

Measuring-Up Fund Final REPORT

Section One - General

1. Community Name: District of 100 Mile House
2. Primary contact information:

Name:	Carollyne Evans	Organization:	District of 100 Mile House
Title:	Administrator	Email:	cevens@dist100milehouse.bc.ca
Phone:	250-395-2434	Fax:	250-395-3625
Address:	Box 340, 100 Mile House, BC	Postal Code:	V0K 2E0

3. Attach a final summary of your initiative. Please include specific details about activities undertaken as a result of receiving a Measuring Up grant. (3-pages maximum).
4. Attach a list of members of your Measuring Up Committee. (attached)
5. Did you hire people to help complete this initiative?

Yes (please complete this section) No (please skip to Question 6)

How many people were hired? _____

Do any of the people hired have a disability?

Yes

No

Was money from the Measuring Up grant used to pay the people you hired?

Yes

No

6. Attach copies of any media coverage related to your initiative.
Attached.

Section Two - Financial Information

Please provide final budget information for your initiative in the format below:

Expenditures	AMOUNT	IN KIND RESOURCES		MEASURING UP FUND
		Amount	Source	Amount
Computer Headset	\$32.04			
Survey printing	\$145.92			
Survey printing	\$113.82			
Prince George Travel	\$33.33			
Banner & Magnetics	\$101.65			
Pizza for Measuring Up the North Day/Measuring Up meeting	\$79.53			
100 Mile Marsh Trail Upgrade Project*	\$14,493.71			
Meeting space & coffee for 13 Committee Meetings	\$50/each	\$650	District of 100 Mile House	
Meeting space & lunch for 1 Committee Meeting		\$150	Carefree Manor	
Miscellaneous office supplies, paper, copies, etc.	\$100	\$100	District of 100 Mile House	
Received 2010 Legacies Now				\$13,500
Final 10% disbursement due upon receipt of Final Report				\$1,500
Totals:	\$15,000	\$900		\$15,000

***Note:** The project is not yet complete as of the time of preparing the final report. The 100 Mile House Measuring Up Committee has approved all remaining Measuring Up grant funds to be used for the Marsh Trail project. Should the full expenditure be different from what has been projected here, the District will notify 2010 Legacies Now. This is unlikely, given the total project cost exceeds the amount shown here, and other funding partners will contribute the remainder of project costs.

Section Three - Measuring Up Guide

- 1) Attach a summary of any comments, thoughts or suggestions you have for changes to the Measuring Up Guide. Please be specific. (1-page maximum)

2) Did you develop additional tools to supplement your use of the Measuring Up Guide?

Yes (please complete this section) No (please skip to Section Four)

Attach copies of these tools along with comments about why and how these tools were developed. (1-page maximum)

Section Four - Other Information

Attach any other information, stories or comments you would like to include that reflect on your initiative. Please see attached photographs. Also, additional media is anticipated once the Marsh Trail project is completed. This media will be forwarded to 2010 LegaciesNow at that time.

Section Five - Report Declaration

I certify that:

- To the best of my knowledge all the information contained in this Report and any attachments is true and complete.
- Measuring Up, 2010 Legacies Now and the Province of BC were given appropriate recognition as a funding partner as per the Guidelines provided in the Contribution Agreement.
- I have submitted the Final Report in accordance to the approved deadline.

Authorized Representative:

Name (please print): Carollyne Evans

Position: Administrator

Signature: 

Date: October 23, 2008

Mail completed AND signed Final Reports to:

Measuring Up Fund
2010 Legacies Now
400 - 1095 West Pender
Vancouver, British Columbia V6E 2M6
Phone: 778-327-5153

Measuring Up was created by 2010 Legacies Now in partnership with the Vancouver Agreement, the Province of BC and over 80 disability organizations throughout the province. Measuring Up helps BC communities assess and improve how accessible and inclusive they are for people with disabilities.



District of 100 Mile House

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Final Summary of Measuring Up Initiative

Led by Mayor Donna Barnett, a core Measuring Up Committee was formed in July 2007, with further invitations resulting in a larger committee being formed. A total of 13 committee meetings were held, and minutes of the meetings recorded.

In order to gather community input, a survey was prepared and distributed through a variety of sources. The Measuring Up Committee reviewed the survey results and drafted a list of high priority accessibility issues in our community.

The District of 100 Mile House had recently received funding confirmation from Active Communities and District's pedometer sales to conduct an assessment of a local trail (100 Mile Marsh Trail). The Measuring Up Committee was asked to provide input into the assessment, and subsequently, many committee members participated in an on site inspection of the trail. This resulted in an assessment report with recommendations to the District to make the trail more accessible.

The committee determined that a high profile project was the best way to achieve the visibility and awareness of the initiative. As a result, the committee voted to allot the remaining Measuring Up Funds to the Marsh Trail Upgrade Project.

The 100 Mile House Measuring Up Committee signed onto Measuring Up the North, and selected NCMA Liason, Joanne Doddridge and Community Liasons Mel Torgerson and Philip Gabel as representatives. 100 Mile House participated in several Measuring Up the North activities and events.

Both radio and print media were contacted at every opportunity throughout the process. One member of the Press attended several committee meetings and events. The events where Measuring Up participated include:

- May 9th, 2008 Safety Fair
- May 17th, 2008 Little Britches Parade
- May 30th, 2008 Measuring Up the North Day – Trail Assessment
- August, 2008 Coordinating with Kerry Fell on CRD Accessible Trails Project
- May 7th, 2008 NCMA Conference Prince George

The District of 100 Mile House has applied for several grants related to improving the accessibility in the community. We were successful in obtaining the Active Communities Grant, one proposal was turned down, and another has not yet been announced.



The Measuring Up Committee is pleased to have been able to contribute to the Marsh Trail Upgrades Project, and in partnership with the District of 100 Mile House and Active Communities, has provided additional leveraged funds to this worthy project. A copy of the committee's Marsh Trail Assessment is enclosed with this Final Report.

This project is due to be completed the week of October 20th, 2008. In order to meet reporting timelines for Measuring Up, we will ensure that copies of any media coverage of the completion of the Marsh Trail Upgrade Project are forwarded at a later date. The Committee intends to celebrate the success of our Measuring Up Initiative and our selected high priority trail project. We believe the improvements to the trail will benefit residents and tourists, seniors and youth, nature lovers and moms with strollers, as well as people with a range of abilities. We look forward to working on Phase 2 of the project in the future, which will create accessibility for the whole trail, including a wheelchair accessible viewing platform.

Overall, the 100 Mile House Measuring Up Committee believes that we have raised the awareness of accessibility and inclusiveness within our community. We have received excellent support from the business community, the District of 100 Mile House, the volunteer community, and a wide range of sectors representing seniors and disabled people.





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100 Mile House - Measuring Up Additional Tools Developed

Survey

The Measuring Up Committee wanted to obtain wide community input into the Measuring Up process. One of the ways the committee chose to gather this input was to develop a simple survey and distribute it as widely as possible throughout the community and the South Cariboo.

The survey was adapted from the Measuring Up Guide and from a tool developed by the Cariboo Regional District. It included a simple 5-point grading system and space for comments so respondents could elaborate on their views. Definitions of 'accessible' and 'inclusive' were also provided.

Paper copies of the survey were distributed by committee members, the local public transit operator, many local organizations and businesses, and the District of 100 Mile House. The District also placed the survey onto their website.

Overall, the committee felt that the survey was moderately successful. It reached a wide number of people and the response rate was acceptable. The input received from the surveys confirmed the committee's viewpoint on high priority areas of concern. In some ways, the survey was less successful. For example, some respondents did not read the preamble to the survey. So, they misunderstood the intention of it, and commented on a variety of community issues, rather than on accessibility & inclusiveness. In addition, the questions could have been phrased even more simply to enhance respondent's understanding.

Banner/Vehicle Magnetic Signs

The Measuring Up Committee continuously looked for ways to be visible in the community. Committee members attended various events to raise awareness of accessibility and inclusiveness. Therefore, the committee elected to have a Measuring Up banner and car magnetics designed to help with awareness activities. Permission for the design of these graphics was obtained from 2010 Legacies Now. They can be seen in various photographs attached to this final report.



HANDCRAFTED LOG HOME CAPITAL OF NORTH AMERICA



District of 100 Mile House

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100 Mile House Measuring Up Committee Members

Name	Title/Affiliation
Philip Gabel	Co-Chair, Paraplegic
Mel Torgerson	Co-Chair, Seniors
Joy Harper	Secretary, Care Aide
Donna Barnett	Mayor, District 100 Mile House
Joanne Doddridge	Planner, District 100 Mile House
Judith Hayes	Employment Sector
Deanna Kubas	Employment Sector
Shelly Somerville	Vocational Rehabilitation
Tim Guthrie	Developmental Disability sector
Arla Driver	Business sector
Bob Nelson	Mental Health
Richard Bergen	Athletics, sport
John Somerville	Senior
Tom Godin	Environmental sector



Around the South Cariboo



Joan Silver photo

Jason Kuenger (centre), of Katchmar Construction, is flanked on the left by Tom Godin and Mayor Donna Barnett and on the right by Joanne Doddridge and Mel Torgerson at the 100 Mile marsh. The Measuring Up Committee members were hailing the construction of a wheelchair accessible path that will lead from the information Centre around the marsh. The plans include repairing the bridge and building a landing overlooking the marsh.



Aaron Jorgensen photo

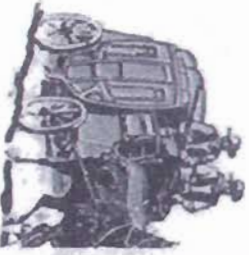
Marion Spurr dug into a steamy, hot baked potato at the Farmers' Market wind-up on Oct. 3. CEEDS provided the spuds, harvested from their organic garden behind 100 Mile Lodge.



Carole Rooney photo

Artist Billy Berlin is showcasing her talent at an Art Show at Parkside Centre from Oct. 17 to Nov. 10. Berlin works in acrylic on canvas, and is shown here with her work entitled 'Rainbow Valley.'





Wednesday, June 4, 2008

52 pages - 2 sections

News



Measuring up the marsh

A17

www.100millefreepress.net

Newsbeat

Measuring up the marsh

by Joan Silver
Free Press staff

The path around the 100 Mile House marsh needs work if it's to be accessible to everyone.

The Measuring Up committee toured the path May 30 as part of Measuring Up the North day.

Communities and regional districts in northern B.C. are working to develop a regional strategy and approach to accessibility and inclusion to ensure the north is welcoming for people of all ages and abilities.

Mayor Donna Barnett said after walking the path with a wheelchair the committee came up

with a plan.

They want to make the sections of the trail from the Visitor Centre to Airport Rd., along the side of the South Cariboo Recreation Centre, and across the bridge, down the path, their first priority.

"This is the easiest and most feasible part of the path," said Barnett.

She said they envision a platform area where people could sit, bird watch and photograph.

The committee will discuss the project with district staff and see what can be done easiest and most feasibly.

There are some funds available for this project from both the Measuring Up and Active Communities programs.

Free Press
June 4, 2008



Joan Silver photo

Phil Gabel, centre, needed a push when he tried to get his motorized scooter through the gravel on the path around the marsh on May 30. Ken Scorse, left, and John Somerville provided the muscle power at the underpass to Highway 97.

\$1 plus GST



Newsbeat

Measuring Up 100 Mile House

by Joan Silver
Free Press Staff

The biggest hurdles in 100 Mile House for seniors and those with disabilities is the lack of a taxi service and the dearth of accessible housing.

That message came through loud and clear in a survey conducted by the local Measuring Up committee to find out how accessible and inclusive the community is.

Survey results were reviewed at the committee's meeting March 19.

Transportation was a huge frustration for many with comments like, access is terrible, we need a taxi service and transit was not reliable.

Respondents said there was a need for more accessible and low income housing which was limited or almost non-existent and that there were a lot of homeless.

One respondent claimed to live in Fischer

Place and said the facility itself is not wheelchair friendly with doors that are too heavy and call buttons too high.

Heavy doors in public buildings was a complaint as well as icy sidewalks and the need for more sidewalks.

One comment was that only two ambulances for a so-called retirement community was inadequate.

Handicapped parking stalls were deemed too small for vans with ramps or lifts and those stalls are not policed.

100 Mile House Mayor Donna Barnett said the community is already working to improve accessibility with a scooter lane in progress on Cariboo Trail and improving the walkway around the marsh.

Barnett said that trail will be accessible but it won't be wooden as the district wouldn't be able to afford the ongoing maintenance costs and

the wood would be slippery.

She suggested the committee think of ways to increase awareness in the community and ideas surfaced.

One idea was to have a Chamber of Commerce award, sponsored by the committee, for the most accessible business.

Perhaps the committee could match funds with individual businesses

to install handicapped access doors.

There was also the idea of tying into the provincial Access Awareness Day June 7 to educate local residents about issues of accessibility.

Measuring Up the North project director Laurie Ringaert said the whole idea is to incorporate accessibility into everything the town does.

Newsbeat



File photo

The District of 100 Mile House is looking for ways to make the community more accessible for people like Ben Johnson, pictured above.

Measuring Up in 100 Mile House

by Joan Silver
Free Press Staff

The District of 100 Mile House wants your opinion.

A survey of residents will be used to assess how accessible and inclusive the district is for seniors and people with visible or invisible disabilities.

Respondents are asked to rate services from easy accessibility to services that don't exist or are poorly planned.

Those services include transportation, housing and safety.

There is a section on access to information

including signage and avoiding stereotypes of persons with disabilities.

It asks to what extent persons with disabilities or access issues can fully contribute to their community.

Surveys will be accepted until March 15 then the Measuring Up committee will assess the information and determine what improvements are needed to make the community more accessible. Survey forms will be available throughout the community, at the District office, and on page B7 of today's *100 Mile Free Press*.

Newsbeat

Measuring Up committee addresses 100 Mile concerns

by Joan Silver
Free Press Staff

The District of 100 Mile House has more pedometers to sell at \$5 each and the funds will go toward upgrading the trail around the marsh.

The subject was raised at a recent 'Measuring Up' committee meeting. It was noted that pedometer sales already raised \$6,000 for the trail project which will include an assessment of the trail for accessibility. Ideally the trail will be easily trav-



Donna Barnett

elled by people in scooters or wheelchairs, as well as those pushing carriages or strollers, said Mayor Donna Barnett. She was adamant, however, that the surface would not be concrete which she said would create drainage problems.

Committee vice-chair Mel Torgeson, said the committee will be assessing the district for accessibility issues in the coming months and one of their first steps will be a survey to ask residents where they see barriers

to a fully integrated community.

Those barriers could include a need for doors leading into commercial establishments to close more slowly, or perhaps better access to the sidewalks in the Coach House Square.

The most visible barrier, committee members discussed, was the lack of a taxi service in 100 Mile.

She said the district needs a taxi licence where it can have somebody on call or somebody working for the district who can go and pick these people up to take them

to the doctors' office or to take them shopping. She said there is no such licensing available for the district to apply for. She stressed that she has "asked and asked" government officials for the licensing and she promised to keep on asking.

to a fully integrated community. Those barriers could include a need for doors leading into commercial establishments to close more slowly, or perhaps better access to the sidewalks in the Coach House Square. The most visible barrier, committee members discussed, was the lack of a taxi service in 100 Mile. "I've taken it on, as a passion, for quite a few years to try and get some kind of a community licence for the municipality to provide the service that's needed," said Mayor Barnett. "The transit service is great, it's a scheduled service, it's highly used, it works well and they're looking at, hopefully, maybe some day in the South Cariboo, that it will be expanded."

She said the district needs a taxi licence where it can have somebody on call or somebody working for the district who can go and pick these people up to take them

CRIME STOPPERS
OF THE SOUTH CARIBOO
1-800-222-TIPS

Grant to help 100 Mile House be more accessible

by Arlene Jongbloets
Free Press staff

People with mobility issues may soon find it easier to maneuver the streets and doorways of 100 Mile House thanks to a \$15,000 grant from the Measuring Up Accessibility and Inclusion Fund.

The Provincial Government and 2010 Legacies Now have provided \$580,000 in total to help 30 communities throughout the province in improving accessibility for people with disabilities. 100 Mile House is one

of five B.C. communities recently named as recipients of between \$15,000 and \$25,000.

The grants are aimed at assisting communities to conduct assessments of their needs; to conduct public awareness campaigns and in making structural changes such as installation of wheelchair ramps.

It can also be used to help increase employment opportunities for the disabled.

100 Mile House Mayor Donna Barnett said there is a small committee already in place to get the ball rolling locally.

"We'll be expanding that group and doing an assessment for accessibility needs," said Barnett.

She said that possible projects could be community events that bring awareness and the cre-

ation of wheelchair access to areas that are lacking. She also said cost-sharing may be considered.

Free Press Sept. 26, 2007

How Do We Measure Up?



Please complete this 100 Mile House MEASURING UP ACCESSIBILITY SURVEY

Thank you for taking a few minutes to tell us how accessible and inclusive 100 Mile House is for seniors and people with visible and invisible disabilities.

Accessible - means free of barriers, open to all; removing barriers to ensure people with disabilities and seniors can be present in communities.

Inclusive - means welcoming and enabling participation from everyone, the degree to which people with disabilities, seniors and people who are mentally ill are welcomed, engaged and contributing to community life.

For the Accessibility Survey:

Assign a grade of 1 to 5 for accessibility and inclusiveness of each of the following and provide comments.

Level 1 (best) - Services are accessible and inclusive, people with disabilities can get anywhere they need to go

Level 2 (better) - Improvements to services have been made or are planned, largely accessible and inclusive

Level 3 (good) - A range of services are available in the community for people with disabilities

Level 4 (some limited services) - There are limited services available to people with disabilities

Level 5 (poor) - The services do not exist or are poorly defined

Support Services: How does 100 Mile House Measure Up?

Measuring Up	Grade	Accessibility & Inclusiveness	Comments
Support Services Support to assist people with disabilities to access services and support services in the community			
• Personal assistance (elder and medical) of a person that assists people in their day to day lives			
• Home care services, including meals, hygiene, activities			
• Transportation			
• Housing			
• Safety			
• Emergency preparedness			
• Education			

Access to Information: How does 100 Mile House Measure Up?

Measuring Up	Grade	Accessibility & Inclusiveness	Comments
Access to Information Do people have easy access to information and services (e.g. materials in accessible formats)?			
• General support (brochures and materials)			
• Plain language			
• Multiple formats (large print, Braille, sign language, web-based)			
• Accessible websites/websites, telephone services with disabilities			

Economic Participation: How does 100 Mile House Measure Up?

Measuring Up	Grade	Accessibility & Inclusiveness	Comments
Economic Participation Local and national participation of seniors and people with disabilities and access to services			
• Elder development and employment			
• Business development and marketing of accessible products and services			

Community Contribution: How does 100 Mile House Measure Up?

Measuring Up	Grade	Accessibility & Inclusiveness	Comments
Community Contribution Do seniors and people with disabilities contribute to their community?			
• Social contribution (volunteering or community service for seniors)			
• Culture (participation, participation and contribution to the arts)			
• Management (participation, participation and speaking)			
• Economic contribution (entrepreneurship, business for seniors)			

Other: How does 100 Mile House Measure Up?

Measuring Up	Grade	Accessibility & Inclusiveness	Comments
Other Do there any other ways you would like to see which the accessibility & inclusiveness of 100 Mile House?			
• Other			

Thank you!

Surveys will be accepted until March 15th, 2008

Please drop off or mail your completed survey to:

District of 100 Mile House
365 S. Birch Avenue, Box 340
100 Mile House, BC V0K 2E0

Or fill out online at:

www.100milehouse.com-News and Events

* Optional

If you would like to be kept informed of our progress, please provide your contact information below:

Name _____ Telephone _____

Mailing Address _____

Email _____

District of 100 Mile House Website

www.100milehouse.com

News & Events

- ▶ Employment
- ▶ Agendas, Bylaws,
- ▶ Minutes & Applications
- ▶ Tender Opportunities
- ▶ Reports and Forms
- ▶ Photo Gallery



Development Trust website.

Measuring Up Accessibility & Inclusion

Thanks to 2010 Legacies Now, the District of 100 Mile House has committed to the Measuring Up Accessibility and Inclusion process which will help our community become a place where people with disabilities can fully participate and contribute. The major objectives of Measuring Up include:

- Improve access to information
- Reduce barriers to participation
- Create jobs and economic opportunities
- Increase opportunities for participation in community life

Help us assess and improve our community for people with visible and invisible disabilities and others including seniors, parents pushing baby carriages, tourists carrying luggage, and people with injuries. Please fill out our Measuring Up Accessibility Survey today!

Measure Your Miles in 100 Mile House

**100 Mile House Measuring Up Committee
Marsh Trail Assessment
May 30th, 2008 - 10 am
(A Measuring Up the North Day Event)**

Measuring Up Committee in consultation with the Marsh Committee and the District of 100 Mile House

Attendees:

Measuring Up Committee Members: Mel Torgerson, Shelly Somerville, Donna Barnett, Joanne Doddridge, Phil Gabel, Joy Harper

Marsh Committee Members: Bonnie Winter, Ken Scorse, Gordon Hoglund, Eleanor Hoglund, Tom Godin

Other: John Somerville, Joan Silver (Free Press)

Introduction

The Measuring Up Committee was approached by the District of 100 Mile House and asked to provide input into the accessibility of the Marsh Trail for people with disabilities. The group briefly reviewed the 5 major characteristics of the Universal Trail Assessment Process to familiarize themselves with the types of issues to watch out for during the assessment process. These characteristics were grade, cross slope, width, surface, and trail length. After the trail walk, the group convened in Council Chambers to discuss the issues, recommendations, and potential solutions.

Trail Deficiencies

The following list represents issues that were noted during the walk, which represented major challenges for people with disabilities.

- Trailhead – no signage to show users the trail length, grade, accessibility, distance to key obstacles, etc.
- Potholes
- Roughness
- Muddy
- Uneven grades, elevation changes
- Loose pebbly gravel and steep slope at underpass
- Lower trail is wet
- Narrow in places
- Roots
- Culvert too high
- Litter
- Bridge approaches, rot, surfacing
- Few rest spots/benches
- No defined trail along Agriplex portion (west of the Marsh)
- Highly variable surface conditions

Discussion

There may be engineering costs associated with reducing slopes and realigning trail. John Somerville noted that the elevation difference throughout the marsh trail could present a challenge in terms of maintaining moderate slopes. An idea was presented to construct a small bridge in the area of the pedestrian underpass, to essentially bypass the steep slope. It is not clear yet, once the construction of Horse Lake Road and Hwy 97 project commences, how a bridge for pedestrians might tie into the Highway project.

The most significant issues with the accessibility of the trail include: slope, unlevel ground, and surface material. The group discussed different potential surfacing materials, from fine crush, natural surfacing materials, conveyor belting, and asphalt. Asphalt was not deemed viable due to drainage and run-off impacts. Mayor Barnett also noted that deteriorating asphalt (Merritt example) would cause difficulty in the future. Phil Gabel asked if Phil Strain, the District's Director of Engineering & Community Services, could contact the Variety Club to determine the best trail surfacing materials, as apparently Variety Club constructs parks trails regularly for people with mobility impairments.

Tom Godin suggested a "viewing platform" be constructed at approximately a mid point along the south side of the marsh. This platform should be built to be wheelchair accessible in an area which would open up to the marsh for easy viewing. It would also serve as a rest area for trail users.



There was also discussion about moving the trail along the south side of the marsh to a location which is higher in elevation. This would remove the issues with wet and muddy conditions which are problematic along the lower trail. The new trail location would also assist with eliminating some of the more challenging grades along this section. The proposed new trail should be between the existing trail and the higher Peter Skene Ogden Secondary School trail.

Recommendations

The following are the Measuring Up Committee's recommendations to the District of 100 Mile House.

- That trail improvements be undertaken to improve grades and surfacing for universal access.

- That the first priority be the section of trail which begins at the Visitor Centre, moves eastward along Airport Road, then heads west along the Agriplex property, and finally to a point approximately midway along the south side of the marsh, culminating in the construction of a wheelchair accessible viewing platform. This portion of the project will include:
 - Remarking the designated pedestrian area along Airport Road, perhaps adding wheelchair symbols on the asphalt surface
 - Creation/construction of a pathway along the west side of the Marsh (along side the Agriplex), preferably “inside” the log area. A visual buffer of suitable vegetation between the new trail area and the Agriplex parking lot would improve the aesthetic quality of this section of trail, as well as safety for trail users
 - Incorporation of benches and resting areas for trail users (these may be able to be funded through the District’s memorial bench program, or other corporate or private donations
 - Bridge repairs, including approaches, decking, some rot visible.
 - Culvert repairs/ realignment on west side of trail
 - General improvements to trail surfacing, smoothness, and grade, with engineering as required
 - Build the viewing platform at the south side of the trail
- That the second priority be the section of trail from the Visitor Centre, along Hwy 97, then heading west to the viewing platform. This phase will require:
 - working with the Ministry of Transportation and rerouting the existing trail to a higher elevation location, in addition to possibly creating an bridge over the pedestrian underpass, and improved surfacing materials.
- Signage at the start of the trail (at Visitor Centre) to alert users as to the accessibility of the trail should be designed and installed. Signage ideas:
 - Universally recognized symbols
 - Font suitable for people with visual impairments
 - Incorporate the following: length of trail, estimated time to travel the trail (for different abilities), obstacles and barriers, key rest areas or other features, etc.

Measuring Up Committee Business

Two people agreed to join the Measuring Up Committee. New committee members are John Somerville and Tom Godin.

Phil Gabel motioned to allocate Measuring Up funds to contribute to the Marsh Trail Upgrades Project. Shelly Somerville seconded. Passed.

Tasks

Joanne Doddridge will discuss the project recommendations with Phil Strain to determine feasibility, costs, engineering requirements, etc., to locate the marsh sign received late last year, and to arrange some additional litter clean-up along the trail. Tom Godin will provide a copy of book detailing a physical description of the marsh. Bonnie

Winter will send pictures to Joanne. Joanne will obtain a copy of the surveyed Marsh Plan, done by Nigel Hemingway a few years ago.

Active Communities – 100 Mile Marsh Trail Upgrade Project

Project Goal – to upgrade the trail around the 100 Mile Marsh so that it is accessible and user friendly for all individuals, whether on foot, bike, scooter, wheelchair, or walker

Estimated funding available	District (pedometer sales)	\$ 4,000
	Active Communities Grant	\$ 5,000
	Measuring Up contribution	<u>\$15,000</u>
	Total	\$24,000

Trail Assessment Photographs







How do we Measure Up?

100 Mile House Measuring Up Accessibility Survey

Thank you for taking a few minutes to tell us how accessible and inclusive 100 Mile House is for seniors and people with visible and invisible disabilities.

Accessible – means free of barriers, open to all; removing barriers to ensure people with disabilities and seniors can be present in communities

Inclusive – means welcoming and enabling participation from everyone; the degree to which people with disabilities, seniors, and people who are mentally ill are welcomed, engaged and contributing to community life

For the Accessibility Survey:

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Level 3 (good) – A range of services are available in the community for people with disabilities

Level 4 (some / limited services) – There are limited services available for people with disabilities

Level 5 (poor) – The services do not exist or are poorly planned

Support Services: How does 100 Mile House Measure Up?

Measuring Up	Accessibility & Inclusiveness	
	Grade	Comments
Support Services Supports to ensure persons with disabilities or access issues can function like others in the community		
<ul style="list-style-type: none"> ▪ Personal supports (human and mechanical supports that assist people in their day-to-day lives) 		
<ul style="list-style-type: none"> ▪ Human made structures, like stores, bridges, schools 		
<ul style="list-style-type: none"> ▪ Transportation 		
<ul style="list-style-type: none"> ▪ Housing 		
<ul style="list-style-type: none"> ▪ Safety 		
<ul style="list-style-type: none"> ▪ Emergency preparedness 		
<ul style="list-style-type: none"> ▪ Education 		

Access to Information: How does 100 Mile House Measure Up?

Measuring Up	Accessibility & Inclusiveness	
	Grade	Comments
Access to Information Do existing signs and communications work for persons with disabilities or access issues? What specific needs do they have?		
<ul style="list-style-type: none"> ▪ Universal signage (indoors and outdoors) 		
<ul style="list-style-type: none"> ▪ Plain language 		
<ul style="list-style-type: none"> ▪ Multiple formats (large print, Braille, sign language, technology) 		
<ul style="list-style-type: none"> ▪ Accurate portrayals (avoiding stereotypes of persons with disabilities) 		

Economic Participation: How does 100 Mile House Measure Up?

Measuring Up	Accessibility & Inclusiveness	
	Grade	Comments
Economic Participation Social and economic independence of persons with disabilities and access issues is achieved.		
▪ Skills development and employment		
▪ Business development and marketing of specialized products and services		

Community Contribution: How does 100 Mile House Measure Up?

Measuring Up	Accessibility & Inclusiveness	
	Grade	Comments
Community Contribution To what extent can persons with disabilities or access issues fully contribute to their community?		
▪ Social contribution (involvement in community service for example)		
▪ Cultural contribution (participation and contribution to the arts)		
▪ Recreation/sport contribution (participation and spectating)		
▪ Environmental contribution (experiencing nature for example)		

Other: How does 100 Mile House Measure Up?

Measuring Up	Accessibility & Inclusiveness	
	Grade	Comments
Other Is there anything else you would like to add about the accessibility & inclusiveness of 100 Mile House?		
▪ Other?		

Thank you!

Surveys will be accepted until March 15th, 2008

Please drop off or mail your completed survey to: District of 100 Mile House
385 S. Birch Avenue, Box 340
100 Mile House, BC V0K 2E0

Or fill out online at: www.100milehouse.com < News and Events

***Optional**

If you would like to be kept informed of our progress, please provide your contact information below:

Name _____ Telephone _____

Mailing Address _____ Email _____